**HOW TO WASH YOUR DAZZLER UNIFORM**

1. Using a pre-treatment (such as Spray and Wash) spot clean any stains on the non-sequin part of the uniform. Be sure to check the neckline for make-up stains, the underarms for sweat stains, and the skirt for any other stains. Read and follow the directions of your pre-treatment carefully.
2. After pre-treating any stains wash uniform in the washing machine. Wash the uniform alone, on the smallest load setting, with cool water, on the gentle cycle.
3. When the washing machine stops carefully check your uniform to be sure all the stains came out. If there are still stains repeat steps #1 and #2. When uniform is clean, hang it up to air dry. Be sure where you hang it allows plenty of air to circulate so it can dry properly. This can take 12-24 hours.

**RECOMMENDED PRODUCTS**

1. Pre-Treatment: Clorox Oxi Magic Multi-Purpose stain remover
2. Detergent: Woolite for Gentle Clothes

 ¼ cup White Vinegar (good for odors)

**WHAT NOT TO DO**

1. Wash in hot water
2. Put in dryer
3. **Allow hairspray, deodorant, perfume or other chemicals to touch sequins it eats away all the color and shine from the sequins.**
4. Dry-clean uniform
5. Leave crumpled on the floor or in a bag. Especially when wet (it will mildew)

*\*Dazzler uniforms should be washed every time you perform to keep it smelling clean.*

**POINTERS FOR WEARING YOUR UNIFORM**

Please make sure that your underwear can not be seen under your uniform. You will need to get a bra with either clear or black straps. Strapless will not work. Please use clear deodorant that will not show on your underarms. When you are wearing your Dazzler uniform please act and move like a lady.

**MAKE-UP**

Because your audience is frequently far off and your face is a big part of your performance you need to highlight your features with make-up. Please use tasteful colors that coordinate with your skin and hair color. Use make-up primer before you put on your make-up; it keeps it from sweating off. When you do sweat blot your face instead of wiping, you soak up the sweat without wiping off the make-up. **ALL** Dazzlers will wear RED matte lipstick (gloss can easily be smeared all over your face during a performance). After applying lipstick pull your index finger through your lips; this will remove any lipstick that could get on your teeth when you smile.

**HAIR**

Hair ties, bobby pins or barrettes must be hair colored so as to not be noticeable. All layers, bangs, or wisp must be pinned, sprayed, or gelled down. Hair should be put up securely so that it will not come down during a performance.

**POINTERS FOR CARING FOR TIGHTS**

Tights can be cleaned the same way as your uniform. When tights get stains that will not wash out they need to be replaced. This can happen around the feet and ankles.

When wearing tights be aware of things that could snag them like metal bleachers or asphalt. If they are taken good care of, tights can last through several performances. When tights get a hole or run they must be replaced. Bring an extra pair to performances just in case.

**WINDSUITS**

Wind suits should be washed regularly. They can be washed with your everyday laundry. They should be washed every time you perform in it.

**FLAG CARE**

Unless HEAVILY soiled you will not wash your flags. If they do become VERY dirty they can be washed following the same directions as the washing the Dazzler uniform.

When flags become wet because of a rainy practice or game it is very important that they are laid out and allowed to completely air dry. Storing wet flags rolled up and/or zipped in a flag bag will result in the fabric “souring”. This smells very bad and can never be washed out. The same is true of your flag bag.

Flags are taped onto the poles using electrical tape. Big flags use black tape, swing flags use white tape. When taping a flag onto a pole use just enough tape to hold the flag securely. Be sure it is taped on straight, not twisted around the pole. If it is a weighted pole tape it to the non-weighted side.

**WHAT NOT TO DO**

Drag pole on ground. It causes the stopper to wear through and the metal pokes through. This can be very dangerous.

Use flag as a towel to sit on. Flags cost $50-$80 apiece. This is much too expensive to use as a “sit-upon”.

Forget your flag and steal another Dazzler’s.