



Hand In Hand Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>SMART PIZZA</p> <p>STEAMED BROCCOLI CORN ON THE COB</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>8</p> <p>CHICKEN STRIPS WHOLE GRAIN YEAST ROLL</p> <p>MASHED POTATOES SEASONED GREEN BEANS</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK VANILLA PUDDING</p>	<p>9</p> <p>SPAGHETTI AND MEAT SAUCE CRUSTY FRENCH BREAD</p> <p>SAUTEED SQUASH & ZUCCHINI FRESH VEGGIE CUP</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>10</p> <p>CHICKEN POT PIE</p> <p>OVENABLE OKRA GLAZED CARROTS</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>11</p> <p>FISH STICKS</p> <p>POTATO SALAD BAKED BEANS</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>
<p>14</p> <p>CHILI CHEESE NACHOS</p> <p>SEASONED BLACK BEANS LETTUCE AND TOMATO</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>15</p> <p>MINI CORNDOGS</p> <p>CRINKLE CUT FRIES FRESH VEGGIE CUP</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>16</p> <p>VEGETABLE BEEF SOUP SALTINE CRACKERS</p> <p>GARDEN SIDE SALAD</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK CINNAMON ROLL</p>	<p>17</p> <p>HAMBURGER STEAK/GRAVY WHOLE GRAIN YEAST ROLL</p> <p>MASHED POTATOES STEAMED BROCCOLI</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>18</p> <p>SLOPPY JOE ON A BUN</p> <p>CORN ON THE COB VEGETABLE MEDLEY</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>
<p>21</p> <p>Martin Luther King Holiday</p>	<p>22</p> <p>CHEESEBURGER ON BUN</p> <p>POTATO ROUNDS BAKED BEANS</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>23</p> <p>TERIYAKI CHICKEN CHOW MEIN NOODLES</p> <p>STEAMED BROCCOLI GLAZED CARROTS</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>24</p> <p>PIZZA</p> <p>WHOLE KERNEL CORN FRESH VEGGIE CUP</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>25</p> <p>DELI SANDWICH WG SNACK MIX OR CHIPS</p> <p>FRESH VEGGIE W/RANCH</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>
<p>28</p> <p>CHEESY BREADSTICKS WITH MARINARA</p> <p>STEAMED BROCCOLI</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>29</p> <p>CHICKEN STRIPS WHOLE GRAIN YEAST ROLL</p> <p>MASHED POTATOES BLACK EYE PEAS</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK VANILLA PUDDING</p>	<p>30</p> <p>CHICKEN NOODLE SOUP SALTINE CRACKERS</p> <p>SEASONED GREEN BEANS FRESH VEGGIE CUP</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>31</p> <p>SPAGHETTI AND MEAT SAUCE CRUSTY FRENCH BREAD</p> <p>SAUTEED SQUASH & ZUCCHINI FRESH VEGGIE CUP</p> <p>FRESH OR CHILLED FRUIT</p> <p>MILK</p>	<p>Try the super food of the month! BROCCOLI</p>

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