


## Thomas Co Central High Lunch Menu

Mon

Friday

<p>3</p> <p>TERIYAKI CHICKEN CHOW MEIN STEAMED BROCCOLI VEGETABLE EGG ROLL CORNDOG FRENCH FRIES FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>4</p> <p>CHICKEN ALFREDO CRUSTY FRENCH BREAD VEGETABLE MEDLEY FRESH GARDEN SALAD PIZZA FRENCH FRIES CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH CHEF SALAD PBJ COMBO PLATE VARIETY MILK</p>	<p>5</p> <p>HAMBURGER STEAK/GRAVY WG YEAST ROLL MASHED POTATOES GARDEN PEAS CHICKEN FILLET ON BUN FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH CHEF SALAD PBJ COMBO PLATE VARIETY MILK</p>	<p>6</p> <p>CHICKEN POT PIE STEAMED CABBAGE CORNBREAD SPICY CHICKEN ON BUN FRENCH FRIES FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>7</p> <p>FISH STICKS HUSHPUPPIES CREAMY CHEESE GRITS BAKED BEANS CREAMY COLESLAW BBQ ON BUN FRENCH FRIES FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>
<p>10</p> <p>BEEF NUGGETS WG YEAST ROLL SCALLOPED POTATOES SEASONED GREEN BEANS FRESH VEGGIE CUP SPICY CHICKEN ON BUN FRENCH FRIES FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>11</p> <p>BEEF A RONI CRUSTY FRENCH BREAD STEAMED BROCCOLI FRESH GARDEN SALAD PIZZA FRENCH FRIES FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>12</p> <p>ROASTED CHICKEN TURNIP GREENS SWEET POTATO CASSEROLE CHEESEBURGER FRENCH FRIES FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>13</p> <p>SHEPHARD'S PIE STEAMED CABBAGE CORNBREAD PIZZA FRENCH FRIES FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>14</p> <p>CHICKEN NUGGETS WG YEAST ROLL HOTDOG ON BUN FRENCH FRIES CREAMY COLESLAW FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>
<p>17</p> <p>CHICKEN AND RICE OVENABLE OKRA VEGETABLE MEDLEY SPICY CHICKEN ON BUN FRENCH FRIES LETTUCE, TOMATO, &amp; PICKLE CUP FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH CHEF SALAD MEAL PBJ COMBO PLATE VARIETY MILK</p>	<p>18</p> <p>MEATY LASAGNA CRUSTY FRENCH BREAD STEAMED BROCCOLI FRESH GARDEN SALAD PIZZA FRENCH FRIES CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH CHEF SALAD PBJ COMBO PLATE VARIETY MILK</p>	<p>19</p> <p>PIZZA CORNDOG FRENCH FRIES FRESH VEGGIE CUP FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD MEAL VARIETY MILK</p>	<p>20</p> <p>CHICKEN FILLET ON BUN CHEESEBURGER ON BUN FRENCH FRIES FRESH VEGGIE CUP FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE CHEF SALAD PBJ COMBO PLATE SUB SANDWICH VARIETY MILK</p>	<p>21</p> 

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