



Thomas Co Central High Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>BEEF NUGGETS WHOLE GRAIN YEAST ROLL SCALLOPED POTATOES SEASONED GREEN BEANS FRESH VEGGIE CUP SPICY CHICKEN ON BUN CRINKLE CUT FRIES FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>8</p> <p>ROASTED CHICKEN GOLDEN CORNBREAD TURNIP GREENS SWEET POTATO CASSEROLE PIZZA ROASTED BROCCOLI CORN ON THE COB POTATO ROUNDS FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT 100% PINEAPPLE JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD MEAL VARIETY MILK</p>	<p>9</p> <p>HAMBURGER STEAK/GRAVY YEAST ROLL WHEAT MASHED POTATOES GARDEN PEAS CHICKEN FILLET ON BUN FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH CHEF SALAD PBJ COMBO PLATE VARIETY MILK</p>	<p>10</p> <p>CHICKEN POT PIE OVENABLE OKRA PIZZA ROASTED BROCCOLI CORN ON THE COB FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>11</p> <p>FISH STICKS HUSHPUPIES CREAMY CHEESE GRITS BAKED BEANS CREAMY COLESLAW RIBEQUE ON BUN FRENCH FRIES FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD MEAL VARIETY MILK</p>
<p>14</p> <p>TERYAKI CHICKEN YELLOW RICE STEAMED BROCCOLI VEGETABLE EGG ROLL CORNDOG FRENCH FRIES FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>15</p> <p>BEEF A RONI CRUSTY FRENCH BREAD VEGETABLE MEDLEY FRESH GARDEN SALAD PIZZA ROASTED BROCCOLI CORN ON THE COB FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD MEAL VARIETY MILK</p>	<p>16</p> <p>SHEPARD'S PIE BLACKEYE PEAS CORNBREAD SPICY CHICKEN ON BUN FRENCH FRIES FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>17</p> <p>VEGETABLE BEEF SOUP SALTINE CRACKERS FRESH GARDEN SALAD CINNAMON ROLL PIZZA ROASTED BROCCOLI CORN ON THE COB CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD MEAL VARIETY MILK</p>	<p>18</p> <p>CHICKEN FILLET ON BUN CHEESEBURGER ON BUN FRENCH FRIES FRESH VEGGIE CUP FRESH FRUIT CHILLED FRUIT CHEF SALAD PBJ COMBO PLATE COOL WRAP SANDWICH VARIETY MILK</p>
<p>21</p> <p>Martin Luther King Holiday</p>	<p>22</p> <p>CHICKEN NUGGETS WHOLE GRAIN YEAST ROLL HOTDOG ON BUN POTATO ROUNDS CREAMY COLESLAW FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>23</p> <p>CHILI CHEESE NACHOS LETTUCE AND TOMATO BLACK BEAN SALSA CUP WHOLE KERNEL CORN RIBEQUE ON BUN FRENCH FRIES CREAMY COLESLAW LETTUCE/PICKLES FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>24</p> <p>CHICKEN PARMESAN CRUSTY FRENCH BREAD VEGETABLE MEDLEY FRESH GARDEN SALAD PIZZA ROASTED BROCCOLI CORN ON THE COB CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH CHEF SALAD PBJ COMBO PLATE VARIETY MILK</p>	<p>25</p> <p>PIZZA CORNDOG FRENCH FRIES FRESH VEGGIE CUP FRESH FRUIT CHILLED FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>
<p>28</p> <p>BEEF NUGGETS WHOLE GRAIN YEAST ROLL SCALLOPED POTATOES SEASONED GREEN BEANS FRESH VEGGIE CUP SPICY CHICKEN ON BUN FRENCH FRIES FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>29</p> <p>ROASTED CHICKEN GOLDEN CORNBREAD TURNIP GREENS SWEET POTATO CASSEROLE PIZZA ROASTED BROCCOLI CORN ON THE COB FRESH GARDEN SALAD FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	<p>30</p> <p>HAMBURGER STEAK/GRAVY WG YEAST ROLL MASHED POTATOES GARDEN PEAS CHICKEN FILLET ON BUN FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT COOL WRAP SANDWICH CHEF SALAD PBJ COMBO PLATE VARIETY MILK</p>	<p>31</p> <p>CHICKEN POT PIE OVENABLE OKRA PIZZA ROASTED BROCCOLI CORN ON THE COB FRESH GARDEN SALAD CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE SUB SANDWICH PBJ COMBO PLATE CHEF SALAD VARIETY MILK</p>	