



JANUARY

Thomas Co Central High School Breakfast Menu

CHOOSE AT LEAST 3 ITEMS MAKING ONE A FRUIT OR FRUIT JUICE TO COMPLETE YOUR MEAL.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>CHICKEN BISCUIT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>8</p> <p>BREAKFAST BUN</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>9</p> <p>PANCAKE PUP</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>10</p> <p>HAM & CHEESE CROISSANT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>11</p> <p>SAUSAGE GRAVY PIZZA</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>
<p>14</p> <p>TWIN SAUSAGE BISCUIT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>15</p> <p>CHICKEN STRIPS EGGO MINI WAFFLES</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>16</p> <p>SCRAMBLED EGGS SAUSAGE PATTY CREAMY GRITS WHEAT TOAST CEREAL CEREAL BAR POPTART FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUITJUICE</p> <p>VARIETY MILK</p>	<p>17</p> <p>POWDERED DONUTS</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>18</p> <p>PANCAKES FRUIT PARFAIT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>
<p>21</p> <p>Martin Luther King King Holiday</p>	<p>22</p> <p>CHICKEN BISCUIT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>23</p> <p>HAM & CHEESE CROISSANT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>24</p> <p>FRENCH TOAST STICKS SAUSAGE LINKS</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>25</p> <p>PANCAKE PUP</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>
<p>28</p> <p>CHICKEN BISCUIT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>29</p> <p>BREAKFAST BUN</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>30</p> <p>PANCAKE PUP</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>FRESH FRUIT CHILLED FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	<p>31</p> <p>HAM & CHEESE CROISSANT</p> <p>CEREAL POPTART CEREAL BAR FLAVORED MUFFIN STUFFED MINI BAGELS</p> <p>CHILLED FRUIT FRESH FRUIT 100% FRUIT JUICE</p> <p>VARIETY MILK</p>	

This institution is an equal opportunity provider.